This course is a summary of Ethics, Confidentiality, and Mental Health Treatment. The course meets the 3 hour mandatory license renewal requirements for many licensed professions in the State of Florida.

The course is based on two articles which are easily accessed by clicking on the links below:

10 ways practitioners can avoid frequent ethical pitfalls or place this link in your browser: http://www.apa.org/monitor/jan03/10ways.aspx

Confidentiality, the Mental Health Information Report by the Surgeon General or place this link in your browser: http://www.ce-classes.com/exam_format/Confidentiality%20of%20Mental%20Health%20Information%20Report%20by%20Surgeon%20General.pdf

The first article was published on the APA’s, the American Psychological Association, website about ethics for psychologists and other healthcare professionals. It is a short summary of the frequent ethical problems that are encountered by practicing psychologists and therapists, as well as other healthcare professionals, with guidelines for avoiding problems. It is full of practical tips on how to avoid common ethical dilemmas.

The second article is a comprehensive report on Mental Health published by the Office of the Surgeon General of the United States. This course provides therapists and healthcare professionals with a review of current information on ethical issues about confidentiality; values underlying confidentiality, research on confidentiality and mental health treatment and the current state of confidentiality law. This course is designed for healthcare professionals who work in both private and public, and urban and rural areas. It is targeted for beginner, intermediate and advanced practitioners.

Learning Objectives:
This course will provide a professional with a review of common ethical problems faced by mental health professionals as well as ways to avoid them. Specifically, a professional will:
Demonstrate knowledge about the most common ethical problems currently facing practicing therapists and healthcare professionals
Display an understanding of the specific ways in which to avoid ethical dilemmas
Demonstrate an understanding of the laws regarding confidentiality and the values that underlie confidentiality.